

Sing Your Heart Out

Introducing the ultimate social event of the week, designed for making memories with new and old friends.

Whether you're a shower singer ready to shine or the life of the party, everyone is invited to take the stage. So grab the mic, let loose, and don't forget your dancing shoes for a night full of laughter and great music!

Activity features

- Confidence boosting
- Chance to make new friends and catch up with old ones
- · Casual environment
- Encourages an active and independent social life
- Includes a yummy dinner

Start your adventure

focal.org.au/groups





07 3812 2014



What you need to know

Where

Booval Hub 131 Brisbane Rd, Booval

When

Fortnightly on Friday 5pm - 7:30pm

Ages

17+

Activity Fees

\$10 per session includes dinner

Support Ratio

Individual support 1:1 Group support 1:2 or 1:3 (centre-based support)