



Stepping Out Ladies

Make the most of every day.

Get out and about, build your confidence and explore what's out there. This activity is community-based which means you'll go wherever the adventure takes you.

At Stepping Out, you and your friends are in control and decide what comes next.


Activity features

- Community-based outings to fun and interesting places
- Variety of indoor and outdoor activities
- Social and life skills development

Start your adventure

 focal.org.au/groups



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What you need to know

Where

Meet at Booval Hub
131 Brisbane Rd, Booval



When

Every Tuesday
9am - 4pm



Ages

17+



Activity Fees

\$30 per session
Refer to activity planner



Support Ratio

Group support 1:2 or 1:3
Individual support 1:1

