



# Enhance

## Learn, grow, and explore.

Enhance provides an opportunity to try new things, make new friends, explore new places, build your independence and develop a few life skills.

This group offers something for everyone, and the chance to grow all in a safe environment.

Enhance runs an alternate fortnightly theme giving you a mixture of life skills and leisure activities.

### Activities include

- Art and music
- Health and fitness
- Day trips
- Budgeting and finances
- Public transport training

Start your adventure

[focal.org.au/groups](https://focal.org.au/groups) 

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## What you need to know

### Where

Mt Ommaney Hub   
1/76 Endeavour St, Mt Ommaney

### When

Every Tuesday   
9am - 4pm

### Activity Fee

\$5 per session   
Additional costs may apply

### Support Ratio

Group support 1:2 or 1:3 