



# FOCAL Community Living Inc (t/a Focal Community Services)

## Annual General Report

### 2017 - 2018

#### Chair & CEO Report

2017-2018 was a year of transition for Focal with National Disability Insurance Scheme (NDIS) changing the landscape in which the organisation has been serving the community for the last 45 years. After more than twelve months in the scheme, Focal is bruised and battered but still standing, and credit has to be attributed to the Focal team and to our clients who have made this hard journey possible. Focal has not been alone in these challenges however, with many organisations within the Industry reporting similar challenges.

We would like to take the opportunity to thank you all for your hard work and patience. In particular, Focal acknowledges employees, volunteers, clients and their families for contributing to our learning in this fast paced new environment. The learning curve was and still is steep, but we have already accomplished so much together in only one year.

#### **So what happened in 2017-2018?**

You may remember that Focal transitioned early to NDIS as part of an advanced roll out in Ipswich. As such, the month of July was all about setting new processes and, by August 2017, more than 75% of Focal's client had already transitioned into the scheme. In November 2017, Focal launched its new Mobile Application, Mobile Time and Attendance (or MTA), which allows for all support staff to connect via mobile technology. This new technology ensures all tasks are completed electronically and seamlessly without the need for paper-based forms. This will translate to a better focus on what is important for you and ultimately will provide our staff real time information to better deliver services.

In December 2017, Focal launched a new service for young people called FAB Focal. FAB Focal is a new innovative social club which provides peer support, learning experiences and fun activities in a community setting, fostering independence and personal growth. Very positive feedback saw this service unanimously adopted by the community with the team looking forward to new developments.

By January 2018, all existing Focal clients had transitioned into the NDIS.

In February 2018, Focal officially became an Aged Care provider for Home Care Packages which now allows the organisation to support Australians of all ages in the community or at home.

In March 2018, the organisation completed its maintenance audit toward the Human Service Quality Framework (HSQF) which allows Focal to deliver services to you. The feedback of the auditor was very positive on the quality of services provided and clients' feedback. The auditor also commented on the focus the organisation needs to maintain to ensure changes related to the NDIS have been properly documented and that going forward new systems and old systems mesh seamlessly.

During the year, Focal also trialled a number of new services and new activities. Some of those success stories include the Art Cookie Group, where some of our key support staff share their passion and love of art to mentor individuals, and the Fish and Tips Group which, as the name indicates, is all about getting the big catch and having fun in a friendly environment. These services have a common element, in that they have been developed in a grassroots environment with staff and clients working together.

As you can see, the focus on 2017-2018 at Focal was to ensure that all our clients are settled into the new NDIS environment and to review all Focal services to ensure they contain both choice and control and also deliver individual outcomes. Now more than ever, the design of new services need to be flexible, adaptable and cater for individual needs, whether in a group or individual setting.

**Creating endless opportunities for all.**  
**Care, support, empower.**  
**Care, support, empower.**



## Focal: A Year in Numbers

100,000+  
hours of  
support

1  
brand new  
service:  
FAB Focal

135+  
staff

5 new daily  
options for clients

Care, support, empower.

## Chair & CEO Report (cont.)

Focal made an operational loss of \$60,000 during the financial year 2017-2018. This result was expected and marks the last round of investments to achieve operational readiness in the NDIS environment. A very positive outcome is that the organisation was on par with budget and reached sustainability in the first six months of 2017.

Through 2017-2018, Focal has had to focus on financial matters to ensure the organisation can continue delivering much needed services to the community. This was not only about ensuring the organisation reaches sustainability but also that all our clients and employees are educated about the new environment in which Focal services are delivered.

As Mickael Blanc wrote in a letter to families earlier this year, Focal's enthusiasm and commitment to deliver on its mission and vision has not changed. It is the scope of the work linked to the funding that Focal receives, which has. Clients are now in full control of their funding and the NDIS dictates how the money can be used. Focal recognises the impact the NDIS has had in 2017-2018 and looks forward to working with you to make the best of this new environment.

### So what is in store for 2018-2019?

This year looks very similar to the last one in a sense as Focal continues growing with its clients in its knowledge of the NDIS. Conversely, a new environment has created plenty of new opportunities with some fast coming to fruition. With a focus on continuing development of innovative services, the team offers you below a sneak peak of what is coming.

More services with young people supported by the roll out of the NDIS in Brisbane. Focal will be working in 2019 with the Sunnybank Special School to deliver OSHC services. Focal is also working with other groups to provide similar service in the Brisbane area's.

A new multidisciplinary team is getting off the ground to provide services in the areas of Positive Behaviour Support. This will extend Focal's reach and ensure the Focal team is trained across new areas of expertise, as well as to better able to support complex clients, in particular young individuals.

Focal's Support Coordination team is also growing which reflects the transition from block funding into NDIS and the need for individual support to navigate this new complex environment.

Last but not the least, Focal's offices have now moved into a new premises to allow the property at 7 Canning Street to be rented to our client's and for them to find a place they can call home. This will align with Focal's goal to support our clients with living independently.

From all of us at Focal, thank you for being part of the journey.



**Patrick Albina**  
Chair



**Russell Swinton**  
Treasurer



**Stephanie Francis**  
Member



**Andrew Clark**  
Member



# Positive Behaviour Support



## Positive Behaviour Support

**Positive Behaviour Support (PBS)** is an evidence based approach which is aimed at improving a person's quality of life. It is aimed at reducing behaviours identified by the person and/or their support network that have caused, or have the potential to cause harm. Typically it involves comprehensive assessments and development of a Positive Behaviour Support Plan.

**Positive Behaviour Support Plans (PBSPs)** are developed via a comprehensive assessment of a person's behaviour, lifestyle, environment, and support system. A detailed report is then documented describing the person's history, current circumstances, and recommended strategies for support, including potential environmental changes, skill development for the person, and response plans for others to follow in the event of a behaviour occurring. PBSPs prepared by Focal Community Services are inclusive of:

- An individual client information summary;
- Functional assessment of behaviour;
- Review of strategies currently in place (inclusive of restrictive practices review as per legislative requirements in Queensland);
- Recommended pro-active strategies and teaching/skill development strategies based on the functional assessment of behaviour;
- Recommended reactive strategies (Incident Response Plans);
- Training and Coaching in how to implement the PBSP.

Brought to you by:



## What you need to know

### Time Frame:

Focal can start working with you today. For your information, completion of a PBSP can take up to 8 weeks depending on your personal circumstances.

### How does it work?

PBSPs are developed organically through meeting and interacting with you and relevant stakeholders within your support network. Focal Positive Behaviour Support Practitioners will undertake any relevant assessments and gather and analyse available data (information about the behaviour) to include in the PBSP.

### The team:

Focal's Positive Behaviour Support team is composed of two highly trained Behaviour Support Practitioners with over 40 years combined experience.

### Cost:

Focal's services is identified under NDIS as Specialised Behaviour Intervention Support item 11\_022\_0110\_7\_3 and Behaviour Management Plan 11\_023\_0110\_7\_3

### For further information contact:

**Phone:** Focal admin - 3812 2014

**Email:** [admin@focal.org.au](mailto:admin@focal.org.au)



## Focal's Services

## Mickael Blanc

Focal's range of services has continued to grow and evolve this year, in response to our customers' personal needs and goals. As discussed previously, the organisation is now able to support clients of all ages at home and in the community across Ipswich, Brisbane and Logan, particularly focussing on:



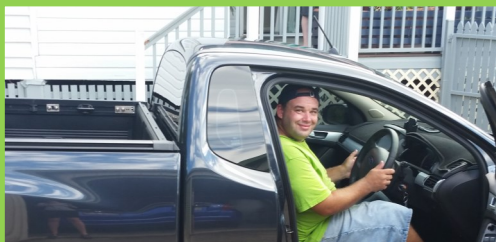
- **Support to young people** through Focal's Out of School Hours Care Service (Vacation and After-School Care). Focal continues to deliver on its promise to support families and young individuals with complex needs.
- **Complex Behaviour Support.** A new multidisciplinary team has been developed to support individuals and families with complex behaviours. This is including but not limited to Positive Behaviour Management and Planning.
- **Support towards independent living.** Focal has developed a unique approach to supporting people who want to live independently and find a place to call home. Focal now has a suite of services which foster independent living inclusive of our more traditional Pathway toward independence service which is being re-designed.
- **Support to Seniors** with Focal's Aged Care Services, which assist with in-home, personal care and clinical services. Focal provides Low and High Home Care Packages in West Moreton, Brisbane South/West and Logan. We also facilitate a Social Circle for individuals aged over 60.
- **Leisure services** have continued to grow where individuals can socialise and access the community in group or individually. Services such as "Handyman" or "Stepping Out" have been extended with a new family "The Dailies". Those are one day or half day services such as Art Cookies, Fish and Tips, GenX Out and About, Films and Movies, which offer specific activities regularly or on demand.

Focal has also extended its community reach with Focal team members being present in our West Brisbane Office at the Sherwood Community Centre and our Eastern office of Redlands. Also, Focal is working with the community to commence services in the Beenleigh/Logan areas.





## Service Delivery: 2017-18 Highlights





In addition to individualised services, Focal has supported people with disability across the following:

- **The New Horizons Service (Horizons)** which historically supported individual with complex needs has seen many changes within the past year. Predominantly centre-based this service has been completely re-designed to offer engagement in the community, having outings such as park visits, movies, and other planned events. Clients are also engaging in gardening and crafts, and have plant holders for sale! The interest in this new format means that the service will now be available 5 days a week.
- **The Stepping-Out service** is a social and community orientated service fostering young men and young women social interaction while enriching life skills and building strong associations and friendships. Clients are encouraged and supported in the planning and execution of activities, with full choice and control.
- **The Pathways Toward Independence Service (Pathways)** focuses on enhancing and maintaining social inclusion for individuals. Together, support staff and participants plan the programmed activities through avenues such as community access and support at work. Specific skills are also learnt across multiple areas including independent living, readiness for work, and travel (accessing public transport). This is delivered through fun and interactive learning activities. Not only do clients progress towards individual goals, but they also improve relationship skills while making valuable friendships.
- **The Handyman Service** keeps going from strength to strength. This year has been very busy with a number of projects that included items for the group and some 'foreign orders' for the rest of Focal. The group is currently working on making pine step-stools for themselves and have already completed projects such as: pigeon holes for staff mailboxes, a wheeled workbench for outside use .... As well as making things, the Handyman Group has also assisted in repairing items, installing hand towel dispensers and overall keeping gardens at Focal tidy. Besides the good work they do, there is also a lot of laughter and the lunch they make at the end of their day is always very delicious.
- **The Dailies** - Are a new kind of group and individual activities focussing on exploring and building skills in a fun and friendly environment. They are still being developed on demand and include so far:
  - ◇ **The 'Art Cookie'** (Art group) where participants demonstrating their artistic flair by creating a mural on the Focal grounds. We are very lucky to have two local well-known artists on staff to mentor these participants!
  - ◇ **Fish & Tips Group** has been another wonderful activity for practice and skill development for all participants, who have shown a keen interest in the activities and have encouraged friends to participate thus steadily increasing the number of attendees over the past few months.
  - ◇ **Film, Movies and Music** has been piloted and is looking for a more permanent setting with some of our passionate staff delving into creativity and exploring tools, softwares and other avenues to create digital, visual and audio pieces.



**Heidi Crittenden**  
Service Manager



**Sonya Mataia**  
Support Officer



**Uttara Singh**  
Support Officer



**David Parry**  
Support Officer



## Children's Services: 2017-18 Highlights

### FAB Focal School Holiday Club—Janelle Lind



**Janelle Lind**  
**Team Leader**

Since starting FAB Focal Club in December 2017 we have seen positive changes in the young people we support. They have many opportunities to engage in developing life skills, social skills, peer interactions, and building on independence and confidence in the community, all the while having



FUN in a safe and inclusive environment. Some of the activities FAB Focal activities and places visited so far include— Cinemas, Christmas Shopping for family, visits to different parks, B.B.Q. lunch at the park, Ten Pin Bowling, Art and Craft, RSPCA Wacol, Inflatable World, Spring Loaded, The Big Wheel in Brisbane, Brisbane museum, Country drive, visit Wivenhoe dam, Anzac Memorial, Swimming, Photography and Laser Tag, AND so much more. The FAB Focal gang really love getting out and about and having a great time.

### After School Care—Elise Campbell

The children at after school care have been enjoying engaging in monthly community access trips. During these trips the children have been learning life skills through visits to local parks, grocery shopping, cafés and their favourite going to Ipswich Golf Day and Night to play Put-Put and the Driving Range. In addition to the extra curricular activities— The children have also been participating in the regular program offerings, including a variety of: cooking, craft, sports, sensory play and gaming consoles. From all the **After School Care staff and children we would like to say a BIG THANK YOU to Karl Tilcock for donating an XBOX 360 to the After School Care Group!**



**Elise Campbell**  
**Team Leader**

### Vacation Care—Elise Campbell

Highlights from this year for the Vacation Care program have been trips to Spring-loaded, having a Jumping Castle on the oval, and Glen the Magician who put on a spectacular interactive bubble show. The children also participated in a variety of regular program offerings including lots of messy and sensory play, water play, art and craft, sports and outdoor play, trips to local parks and much more.



Care, support, empower.



## Services for Young People

Kerri Siebenhausen

As you can see from the previous Highlights, we have had another busy year working with young individuals.

In the Out of School Hours Care space, The Fab Focal Service has been made permanent. Initially starting out as a trial during school holidays in December and January, this social club trial was then extended in April 2018. With both sessions a success, FAB has become a permanent fixture of the Focal suite of school holiday services. Thank you for the support of the families, young people, and staff who have participated in the program and willingly provided valuable feedback which has enabled us to improve the service and streamline processes. We look forward to lots more FAB Focal alongside our traditional centre based Vacation Care services.

With the NDIS well and truly in full swing, we have also seen a steady increase in families extending their support from services such as Vacation and After School Care, to **individualised in-home** and a variety **community access supports**. Elise, Janelle and I feel very privileged to be able to continue to assist families on this journey.

Finally, I would like to thank all the wonderful people who continue to support us, particularly the Ipswich Special School for their ongoing support to Focal's Out of School Care Services. This has been a long-standing partnership which we value very dearly. And most recently in partnership for our FAB Focal program, the Ipswich Library and Ipswich Vigoro Association.

I can't finish without thanking Elise Campbell, Janelle Lind, and all of the dedicated and hardworking staff I have on my team. There is no "I" in TEAM and these services would not be possible without you all.

And most important of all— Thank you to all the children and young people, their families and carers who attend our programs and access our services. We absolutely love working with you and certainly wouldn't be here without you!!!





## Community & Business Development, Aged Care & Support Coordination

**“My Time” Men’s Group** continues to meet on a regular basis. The aim for the members of the group is to have a couple of hours of respite from their ongoing caring role and also to be able to support each other. The group has a regular attendance of 6 to 8 people. I would like to express my gratitude to Ben Harrison for his hard work to keep the group going with innovative ideas and meeting places.



Focal also continues to support the **‘Siblings Network’**, participates in the planning committee and fundraising activities and planning events such as games to Broncos, BBQs to raise funds for the group etc.

The Community Development Team submitted six applications for funding for social enterprise projects, community development projects and Christmas activities. The biggest challenge thus far is to find a suitable place for our Social Hub and a shed space for our social enterprise projects such as our handyman group and the upcoming plastic recycling initiative.



Our team continues to participate on a monthly basis in all the **Interagency Disability Network (IDIN)** Meetings and the Seniors Network Meeting for the West Moreton region and expand to Brisbane South West. In the near future, Focal will expand in the areas of

Brisbane North, Logan and Gold Coast. We continue to work closely with participants and consumers of culturally and linguistically diverse backgrounds and it is also reflected in our workforce where our bilingual and bicultural staff now represent more than twenty different language groups.

Overall, it has been a very busy and exciting year filled with challenges. The continuation of NDIS in Ipswich and roll out since July 2018, in Brisbane, Logan and Gold Coast areas have kept everybody busy and provided participants with the ability to live life on their own terms and for some, to live life with the integrity and dignity they deserve. There are a lot of positive stories that we hear on an everyday basis which empowers all of us to continue looking for opportunities and options for our clients and staff members.



Care, support, empower.



## Community Development, Aged Care & Support Coordination

Stratos Efstratiou



A very busy year! Our team supported Focal to expand geographically to Brisbane and Logan but also set-up new services. Under “Home Care Packages”, Focal now support aging Australian over 65 years old. In addition, our Support Coordination team has worked hand in hand with people with a disability, their carers and families to navigate the NDIS.

This growth has seen the addition of new staff members Sharon MacKinney and Mary Akol as Support Coordinators.

In synopsis, the highlights of the year were:

The Support Coordination team provided assistance to more than fifty participants in the areas of Ipswich, Brisbane and Logan to implement their first NDIS Plan and in some cases, we were also nominated to support participants with their second Plan. There is a growing need in this area and Focal is proud to support you on your NDIS journey.

Focal participated in a series of community expos and information stalls as part of its commitment to supporting the community. (July & September at the Brisbane Exhibition Centre, July & September at Sunnybank and Riverlink. Focal also participated in a number of Information stalls during the Seniors Week at Ipswich and Brisbane, with USQ during the ‘All things Healthy’ campaign, Blair Links Directory Expo, the Centenary over 50s Expo for Senior Citizens, Harmony Day at Springfield Lakes, the Jacaranda Community Festival, and the Sherwood Community Festival. The work we do for the community is recognised more and more outside of the Ipswich area and people under and over 65 years and their carers are now more familiar with the services available to them.

Focal has now established new office spaces and is operating from the Sherwood Neighbourhood Centre and Redlands, Community Centre at Capalaba on a weekly basis. The Sherwood Office will provide services to the Brisbane South-West, Brisbane North and CBD while the Redlands Office will provide services to Brisbane South-East. Watch this space as we have started offering individual services and are looking at group delivery from those hubs for NDIS participants and In Home Care Package clients in 2019. Focal is also negotiating to branch out to the Beenleigh Neighbourhood Centre to provide services across Logan and Gold Coast.

Focal has continued establishing partnerships with other organisations to provide better services to clients. As such we work with:

- à Lifetec (Leaders in Assistive Technology). Lifetec set up an Access Point on our premises at 6 Canning Street, North Ipswich to assist people who are looking for assistive technology to search online or to Skype directly with one of their specialist support staff members for equipment that is more complex.
- à Therapy Pro, Home Care Nurses, and WOW Mobility to expand service provision to participants, carers and their families in complex areas (i.e. therapeutic services, nursing care and mobility equipment). We continued to be a part of the Workability Initiative with NDS to promote the role of the Home Support Worker to job seekers and increase our workforce so we can match the demand for services. FOCAL also worked closely with Special Needs Schools in the Brisbane area and shared the NDIS experience in Ipswich with families in Brisbane. Focal has established a very good rapport with the Ipswich Friendly Group (people over 65) and assist them with transportation to attend to their community events and also with In House activities at the Masonic Hall.



Focal is also part of the Fresh Future Markets committees in Ipswich and Brisbane. With more than 600 attendees in Ipswich and 1,000 in Brisbane, both Fresh Future Markets were a great success!

[focal.org.au](http://focal.org.au)



# Supported Independent Living (SIL)

## What is Supported Independent Living (SIL)?

Supported Independent Living (SIL) is an opportunity to live independently at the place you call home. This option is possible through funding made available by the the National Disability Insurance Scheme (NDIS).

## Focal Model of Support

At Focal, SIL means building individual capacity and fostering quality of life by providing individual support which meets your personal needs. This also means you live independently with the level of support you want and need.

Focal works on a model of empowerment and human rights where clients are mentored towards achieving their individual goals. This means you are supported to do things on your own terms.

## How the Support is Set

Support is set individually by, and with each client. This is individualised, with the amount of shared support agreed between you and the NDIA.

## How to find a place to live

- You may already own a house and want to share with others;
- You have found a place you would like to rent;
- The Department of Housing has offered you a place to call home;
- From time to time, Focal may be able to access accommodation and will send Expressions of Interest.

## SIL Process at Focal

Focal has developed a unique process to ensure individuals develop strong social connections and can choose who to live with. The process is personalised with following steps:

- You discuss SIL with your NDIS Planner;
- You express interest in receiving SIL from Focal;
- Focal organises a social introduction and interactions with other clients and the families;
- Focal works with you and your loved ones to select those you want to live with you;
- Focal works with you and the NDIS to develop an SIL quote;
- The SIL quote is approved by NDIS;
- You sign a rental agreement;
- A trial period (3-6 months) is commenced to ensure you have found the right place with the right sharemates;
- A life chart is developed with all tenants to set house rules;
- A Memorandum of Understanding (MOU) is developed with you and your support network to ensure Focal delivers optimal services;
- Support is reviewed with you on an ongoing basis.

**For more information and Expressions of Interest contact :**

**Phone:** Focal admin - 3812 2014

**Email:** [admin@focal.org.au](mailto:admin@focal.org.au)

**[www.focal.org.au](http://www.focal.org.au)**



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# Support Coordination



## The Role of Support Coordinator

**Support Coordinators** can support and coach you to reach your goals. It is all about building your individual capacity to navigate choices. We work alongside you to implement all supports in your plan, including informal, mainstream, community, formal and funded supports.

## What We Do - How We Support

- **Understand your NDIS Plan** and funding breakdown
- Decide on what actions to take to **achieve your goals**
- Find and **choose providers** who offer services under the NDIS
- **Negotiate** services and prices to get value for money
- **Link** to mainstream or community activities (i.e. sporting clubs, hobbies) and agencies
- **Strengthen and enhance** your capacity to coordinate and manage supports, self-direct and participate in the community
- **Resolve problems** or issues that arise
- Understand your responsibilities under service agreements
- Commence, change or cease a service agreement or services under NDIS funding
- Improve living arrangements
- **Life transition** planning and improve life choices
- Register for and use the *MyPlace Portal*
- Support you through scheduled and unscheduled **Plan reviews**
- Get ready for your Plan review by:
  - assess whether you achieved your goals and received value for money
  - identify solutions to problems experienced in implementing the Plan
  - consider new goal/actions for your next Plan

Brought to you by:

## Our Support Coordinators are Qualified Experts

### Areas of experience include

- Child Safety, and child protection (including, out of home care)
- People under 65 years old living in residential care
- SIL, People living in Supported accommodation
- People experiencing homeless, with mental health or disability issues
- working with people from Culturally and Linguistically Diverse background (refugees/ asylum seekers/ migrants)
- working with people of Indigenous and Torres Strait Islander background
- working with people who have complex needs and or, dual diagnosis cases

### What we do not do

- transportation
- Plan financial management
- staff visits & advocacy
- social and community access

### For more information contact :

**Phone:** Focal admin - 3812 2014

**Email:** [admin@focal.org.au](mailto:admin@focal.org.au)

**[www.focal.org.au](http://www.focal.org.au):**



Community Services



## Finance Report

Deb Thomas & Russell Swinton



We have completed our first full financial year under the NDIS, all of our clients are fully transitioned into the scheme and we have increased our client numbers, wow what a journey it has been. It has tested our resilience but we have stood up to every challenge that it has thrown at us and we are sure that there is still more to come.

Our primary goal is still focused on improving processes that will fully utilise the organisational resources in a more efficient manner to ensure the financial sustainability of FOCAL as we continue operating under the NDIS framework.

In the 2018 Financial Year - Income increased by 26.26% and Expenditure increased by 22.43%

The increased expenditure in the 2018 Financial Year is due to the target areas identified for investment in the 2017 report:

Staff & Governance Training

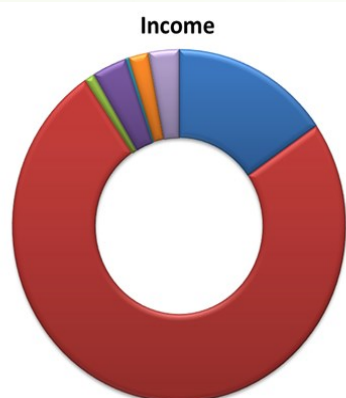
IT Solutions

Marketing

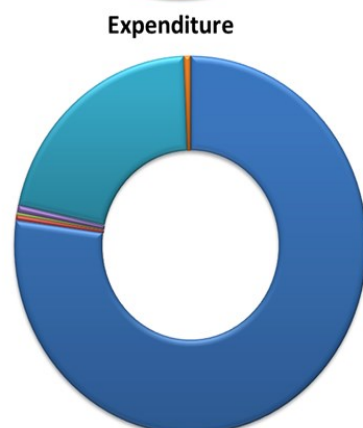
New Positions

Over the next Financial Year FOCAL will be concentrating on further development and training for our staff and increasing alternative income streams. Focal will continue to invest and develop strategies for growth and sustainability.

The Financial results for the 2017/18 Financial Year are summarised below:



Government Grants (15.39%)	NDIS Grants (75.10%)
One Off Grants (0.94%)	Out of School Hours Care (3.33%)
Activity Fees (0.34%)	Brokerage (1.91%)
Event Fees (0.01%)	Fundraising (0.01%)
Donations (0.02%)	Other Income (2.95%)



Service Delivery (77.10%)	MV Expenses (0.44%)
Marketing (0.23%)	IT Solutions (0.63%)
Operational Costs (20.98%)	Training & PD (0.62%)



## Focal Fishing Club 'Fish & Tips'



### What you need to know

### BOOK TODAY - 'Fish and Tips'

Focal invites you to register your interest for our fishing sessions.

These sessions will focus on skills to learn or enhance chances of catching fish. The group will be learning about – Types of fish, rods & reels, hooks, baits, different fishing spots, choosing bait, casting skills, knife and filleting skills – and much more!!

Our goal is for everyone to have fun and acquire the knowledge and the skill to be able to fish anytime. Keep a look out for more exciting sessions to come

#### SPOTS ARE LIMITED!

To learn more, please contact Greg P or Kristy at Focal today!

Brought to you by:



Community Services

#### When:

Fridays

#### Where:

Meet at 6 Canning Street

#### Cost:

\$10 per session – This covers bait, mileage and a light afternoon tea

#### Time:

1pm till 5pm

The group will meet at Focal at 1pm head out to different fishing spots and will return at Focal at 5pm Fridays

#### Bookings & Enquiries

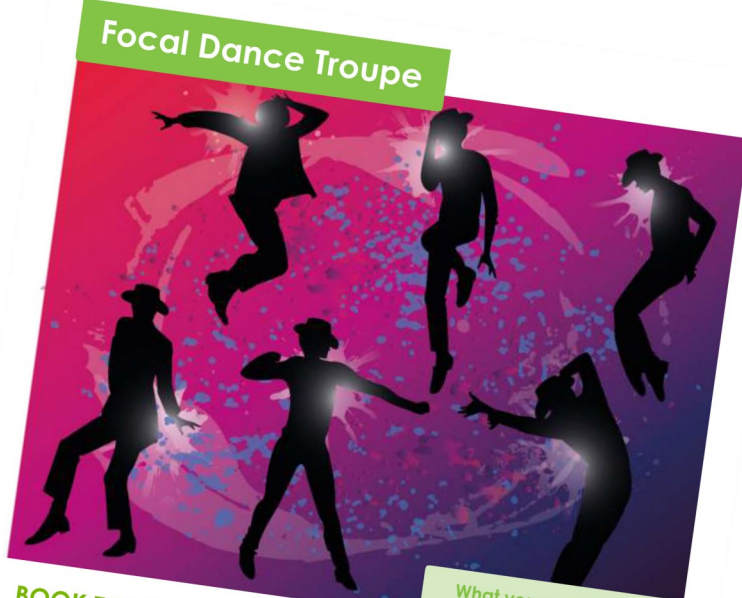
Phone: Tara on 3812 2014

Email: UttaraS@focal.org.au

#### Further Information

We also want to hear your ideas on how we can make these sessions the best that they can be!

## Focal Dance Troupe



### What you need to know

#### When:

Mondays 4:30pm – 5:30pm.

#### Where:

Meet at 6 Canning Street.

#### Cost:

Assistance with social and community participation at 1:2 ratio. (See price guide)

#### What to Bring:

Water bottle and comfortable clothing.

#### Bookings & Enquiries

Phone: Heidi on 3812 2014

Email: HeidiC@focal.org.au

#### Further Information

We also want to hear your ideas! If you have something you teach the

### BOOK TODAY - 'Dance Troupe'

Focal invites you to register your interest for our Dance sessions.

These sessions will focus on skills to learn or enhance your performance. The group will be learning skills, technique and a routine to perform at the Focal Christmas Party.

Our goal is for everyone to have fun, acquire new skills and boost confidence when doing something you love in front of others.

#### SPOTS ARE LIMITED!

To learn more, please contact Heidi or Travis F at Focal today!

Brought to you by:

## Focal art classes 'Art Cookie'



### What you need to know

#### When:

Start Date – Wednesday 18th April

#### Where:

Meet at 6 Canning Street

#### Cost:

\$10 per session – This covers supplies, mileage and a light afternoon tea

Morning and afternoon tea is the cost of supports under

#### Time:

There will be two sessions: 12pm and 1pm – 4pm

Bookings & Enquiries

Phone: Heidi on 3812 2014

Email: heidiC@focal.org.au

Further Information

We also want to hear your ideas on how we can make these sessions the best that they can be!

### BOOK TODAY

Focal invites you to register your interest for our Art Cookie sessions.

These sessions will focus on skills to learn or enhance your performance. The group will be learning about - drawing and sketching, sculpture, painting and much more!!

Our goal is for everyone to have fun and acquire the knowledge and the skill to be able to create art anytime. Keep a look out for more exciting sessions to come

Brought to you by:



Community Services

## BOOK TODAY – Out and About Gen X



### What you need to know

#### When:

Tuesday 12pm – 4pm

#### Where:

Meet at 6 Canning Street, Horizon Building. The group will meet at Focal at 12pm, to participate in activities based in the community and return by 4pm.

#### Cost:

Assistance with social and community participation at 1:2 ratio. (See price guide) for travel. Additional cost per activity as planned by the group.

#### What to Bring:

Bring afternoon Tea, Go, Companion and Concession Cards. Sunscreen, hat and water bottle.

#### Bookings & Enquiries

Phone: Uttara on 3812 2014

Email: uttaras@focal.org.au

#### Further Information

We also want to hear your ideas on how we can make these sessions the best that they can be!

Focal invites you to register your interest for our Out and About Gen X program.

This program is catering for individuals who are 35 years and older. The goals for the group are Focusing on making social connections through activities in the community, while maintaining health and Wellness. Activities are planned and organised by the group, on a monthly bases.

Keep a look out for more exciting sessions to come.

#### SPOTS ARE LIMITED!

To learn more, please contact Uttara today!

Brought to you by:



Community Services

Endless opportunities for all

To learn more, please discuss with Gina. Focal today!

Care, Support, empower.

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## Focal Supporters

This year, the Focal team have benefited from the generosity of a number of supporters.

Focal thanks the many organisations, families, carers, and individuals who have supported us through 2017-2018. We also acknowledge and thank all the volunteers who contributed to Focal with their unwavering commitment and enthusiasm.

## Special Thanks to

- **Clients, families and carers** for choosing Focal and working with us to plan and deliver the services that meet your needs, as well as the needs of others.
- **Ulysses Motorcycle Club (Lockyer branch)** for their ongoing support and attendance at our Community Christmas events.
- **Wendy Roll** for her donations of items both for the art group and for the office.
- **Karl Tilcock** for his donation of an Xbox for the After School Care services.
- **Ipswich Vigoro Association** for the use of their hall to facilitate the FAB Focal Club.
- **Link Services Group** for assistance in recruiting quality support staff.
- **The Ipswich Special School** for the use of their facilities for the Focal Vacation Care Services.
- **Real Care Training** for the provision of quality training for Focal staff.
- **The Ipswich City Council** for their financial assistance
- **Trish Harbort** for the donation of a Wii and games

**Creating endless opportunities for all.  
Care, support, empower.**

**6 Canning Street, North Ipswich, QLD 4305**

**Phone: 07 3812 2014**

**Fax: 07 3812 2023**

**Email: [admin@focal.org.au](mailto:admin@focal.org.au)**

